



# RESIDENT SERVICES APRIL 2024 NEWS

- Job Fairs April 9 & 11
- April Break Lunches for Kids
- College Scholarships
- FSS Newsletter
- Study Center Newsletter
- Summer Camp Opportunity | Study Centers
- Babysitter Training for youth
- Coming Soon: CHEETA | Community Gardens
- Community Events

If you have questions or need accommodations to participate please contact Teyonda Hall [thall@porthouse.org](mailto:thall@porthouse.org) (207) 221-8003



# JOB FAIR 2024

Questions? Contact  
Teyonda Hall,  
Director of Resident  
Services at  
207-221-8003 or  
[thall@porthouse.org](mailto:thall@porthouse.org)

Join Portland Housing Authority,  
Workforce Solutions, Boys & Girls Club,  
Camp Ketcha, The Opportunity Alliance  
and Others to find out about work  
opportunities available in your area!

- Summer Jobs
- Custodial Work
- Healthcare
- Maintenance
- Childcare
- And Many More

**Tuesday, APRIL 9 AT 10 AM**

58 BOYD STREET, In the Solterra  
Community Room, Portland ME 04101

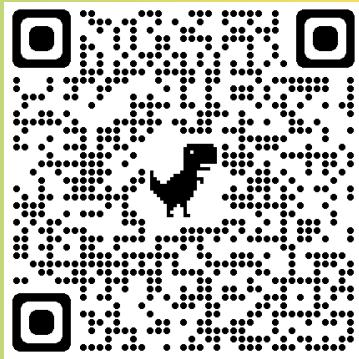
**Thursday, APRIL 11 AT 10 AM**

2 RIVERTON DRIVE, Riverton Park  
Community Room, Portland ME 04102

# APRIL BREAK LUNCH MENU



## LUNCHES BY SIGN UP ONLY



Chicken  
Nuggets



Baked  
Macaroni &  
Cheese



Chicken Wrap  
with Lettuce,  
Cheese, Ranch



Cheese  
Sandwich



Hummus with  
Pita Chips or  
Veggies

Complete the form  
online or with your  
Service Coordinator  
<https://tinyurl.com/PHALunch>

### April 2024 School Break Meal Sign Up

If requested, the PHA Study Centers will provide bagged lunches for PHA children during the April school break 4/12 – 4/19/24.

If you would like meals, please complete this form or the online form once for each youth that wants lunch by Monday 4/8/24.

Name of youth: \_\_\_\_\_

Address: \_\_\_\_\_

Parent/Guardian Phone Number: \_\_\_\_\_

Please choose one option per day:

Fri. 4/12	<input type="checkbox"/> Chicken Nuggets	<input type="checkbox"/> Hummus with Pita Chips or Veggies	<input type="checkbox"/> No lunch
Tue. 4/16	<input type="checkbox"/> Hummus with Pita Chips or Veggies	<input type="checkbox"/> Cheese Sandwich	<input type="checkbox"/> No lunch
Wed. 4/17	<input type="checkbox"/> Chicken Wrap with Ranch	<input type="checkbox"/> Hummus with Pita Chips or Veggies	<input type="checkbox"/> No lunch
Thur. 4/18	<input type="checkbox"/> Macaroni and Cheese	<input type="checkbox"/> Cheese Sandwich	<input type="checkbox"/> No lunch
Fri. 4/19	<input type="checkbox"/> Chicken Nuggets	<input type="checkbox"/> Hummus with Pita Chips or Veggies	<input type="checkbox"/> No lunch

All meals will include a drink, fruit, chip/cracker snack, and/or treat.

Parents or youth are expected to pick up their lunches from the Study Center or community Center they sign up with between noon and 1pm.

Suggestions for future lunches:

Sign up for April Break  
Monday 4/15  
Tuesday 4/16  
Wednesday 4/17  
Thursday 4/18  
Friday 4/19

Submit dietary restrictions through the  
google form or call/text Emily if you  
need an accommodation due to  
allergies or intolerances (207) 221-8063  
Menu may change based on availability.

Call or text Emily (207) 221-8063 to change your order  
or to communicate dietary restrictions or accommodations.

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PORLAND **HOUSING** AUTHORITY

# PHA Scholarship Program



For more information or if you have questions about the application:



**Contact Emily**  
**call or text: (207) 221-8063**  
**email: efitch@porthouse.org**



Application and extra copies of the reference form are available at:  
**[www.porthouse.org/301](http://www.porthouse.org/301)**



**Applications are due**

**May 15th, 2024**

**Open to everyone**

Anyone who plans to attend any higher education or trade school in the fall is eligible if they are on the lease with Portland Housing! You must be accepted to the school by the end of July.

**Awards up to \$5,000**

Scholarship awards generally range from \$1,000 to \$2,500. Applying does not guarantee an award. The number of awards and amounts will depend on funding and the decisions of the review committee.

# Study Center Scholarship Events

Visit the Study Center for more information and support on Housing related scholarships

## Riverton Park

61 Riverton Drive

**Thursday**

**4/11/24**

**5-6 pm**

## Kennedy Park

51 Mayo Street

**Friday**

**4/12/24**

**2-3 pm**

## Sagamore Village

21 Popham Street

**Friday**

**4/12/24**

**4-5 pm**



## **Allan R. Andrews Scholarship**

The Scholarship Committee will determine the number and amounts of the scholarships; no scholarship will be less than \$1,000. Scholarships are paid directly to recipients. If you have any questions, please email [info@nercnahro.org](mailto:info@nercnahro.org) or call the NERC office at (617) 742-6372.

**Deadline to apply: April 29, 2024.**

**[www.nercnahro.org/page/Scholarship2024](http://www.nercnahro.org/page/Scholarship2024)**



## **Housing Authority Insurance Group**

The HAIG Resident Scholarship Program awards are \$6,000 each and are issued to your educational institution before the fall 2024 academic term. A total of 20 scholarships will be awarded.

**Accepting electronic applications until 3:30 p.m. on Friday, May 31, 2024.**

**[www.housingcenter.com/scholarships/](http://www.housingcenter.com/scholarships/)**



## **PHA Scholarship**

More information available on the reverse side of this flyer.

**Deadline to apply: May 15, 2024.**

**[www.porthouse.org/301](http://www.porthouse.org/301)**



for all things scholarship related, feel free to call, text, or email us:

**Emily Mancini-Fitch  
(207) 221-8063  
[efitch@porthouse.org](mailto:efitch@porthouse.org)**

# *Family Self-Sufficiency Program*

## *Virtual Information Session*

### **What is it? What can it do for me?**

**Join our staff for an overview of the  
program!**

**When:**

**Wednesday,  
April 17  
10-11am**

*A link will be sent the  
day of the session*

**Adam from the**

**Voucher  
Homeownership  
Program will be  
joining us to explain  
how the FSS &  
Homeownership  
Programs can work  
together!**

**CALL/TEXT 207.221.8064 OR EMAIL [AJONES@PORTHOUSE.ORG](mailto:AJONES@PORTHOUSE.ORG)**

**TO REGISTER BY APRIL 12**

**INTERPRETER SERVICES AVAILABLE UPON REQUEST**





## Family Self-Sufficiency (FSS) Program Overview

### What is the Family Self-Sufficiency (FSS) Program?

FSS offers an opportunity to **save your rent increase** and **achieve your goals and dreams** within 5 years.

### How the Program Works

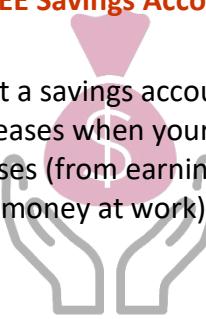
#### Individualized Services

An FSS Coach will help you identify goals and connect you to resources in the community to help you reach those goals.



#### FREE Savings Account

You get a savings account that increases when your rent increases (from earning more money at work)!



#### Reach Your Goals & Dreams!

- Buy your own home
- Save for education
- Pay down debt
- Buy a car
- And more!



### The FSS Savings Account

Once you enroll in FSS, you become eligible to build savings through an FSS savings account. The FSS savings account is maintained by your property owner and grows as you earn more money at work.

### Here's how it works...

You pay rent based on a percentage of your household income. When your household income rises, the amount you must pay toward rent also rises. **For FSS participants**, you will still pay the new higher rent to your landlord, but the housing authority will also deposit an amount equal to the increase in rent (due to income from work) into the FSS savings account. When you graduate, you can use this money for any purpose.

### Eligibility

- Receive housing subsidy through the Portland Housing Authority.
- Be willing and able to work.
- Be a tenant in good standing as determined by your housing owner.

### Appointment Frequency

- **You will meet with your Coach at least quarterly** to monitor progress toward your goals and connect to resources.

**CALL : 207-221-8064**

**EMAIL: EMPOWERME@PORTHOUSE.ORG**

**VISIT ONLINE: BIT.LY/EMPOWERMEREFERRAL**



# Sagamore Village Study Center News

Winter 2024

## SCHOLARSHIP NIGHT

**April 12th 4-5 PM**

**Sagamore Village Study Center**

**21 Popham Street**

The Sagamore Village Study Center is here to help you find money for college! High Schoolers and College folks join us for a SCHOLARSHIP night.

We will have information on:

- **PHA scholarship**
- **NERC/ NAHRO scholarship**
- **HAIG Scholarship**

These scholarships range from \$1,000-6,000. Don't miss out!

**Talk to Anna & Margarida if you have any questions:**

**Text or call (207) 221-8075 or stop by during our drop-in hours!**

If you can't make it to this event, the Riverton Park and Kennedy Park Study Centers will also be hosting Scholarships Nights:

April 11<sup>th</sup> 5-6 PM: Riverton Park Study Center, 61 Riverton Drive, (207) 221-8074  
April 12<sup>th</sup> 2-3 PM: Kennedy Park Study Center, 51 Mayo Street, (207) 221-8073

**YOUTH  
DROP IN  
HOURS**

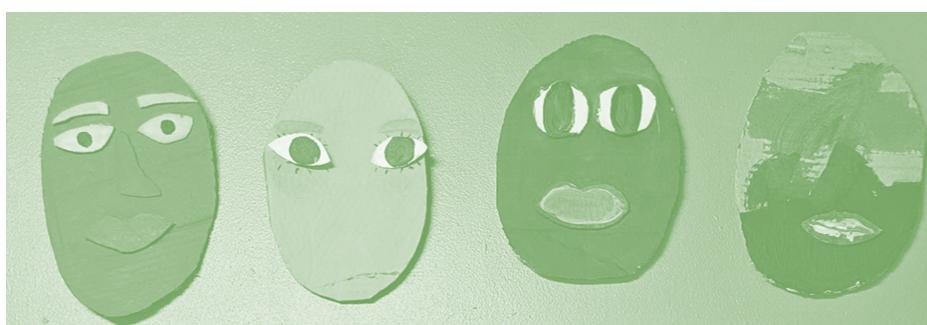
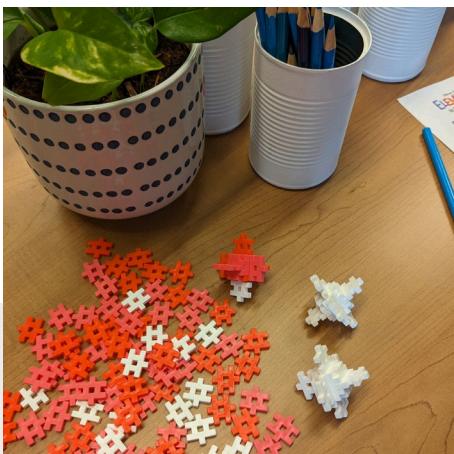
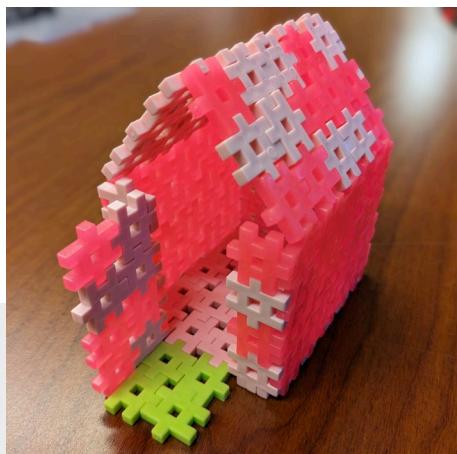
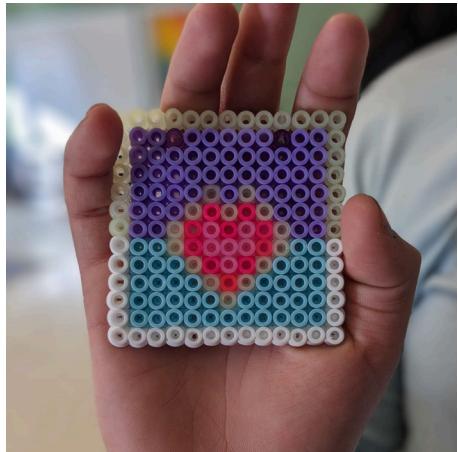
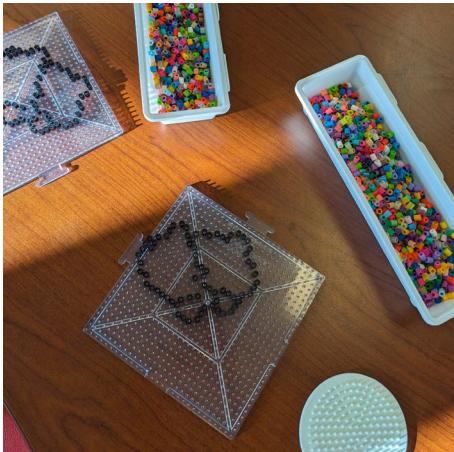
**3 PM – 6 PM on  
Monday  
Tuesday  
Wednesday  
Thursday  
Friday**

**CA\$H  
GREATER  
PORTLAND**

**9 AM – 4 PM  
Monday  
Friday**



## ART IN THE SV STUDY CENTER



A look at some of the projects the SV youth have made:  
Valentine's Day cards, pixel art with fuse beads, and building block creations.

Shout out to Awinyo,  
Sophie, Jaelyn,  
Taylee, Hiba, and Esra  
for sharing their art!



# FROM THE STUDY CENTER STAFF:

## Welcome Margarida!

We are very happy to have Margarida joining the Study Center as our new coordinator.

She comes with experience tutoring and mentoring in High School and College with peers and teens.

She is familiar with the Sagamore Study Center through the 4H Summer of Science where she mentored teens as they taught STEM activities to elementary and middle school students.



Our new Study Center Staff,  
Margarida Bila

### JOB FAIRS IN YOUR NEIGHBORHOOD

Please join Portland Housing Authority on April 9th and 11th for two job fairs. Let us connect you to organizations who are actively hiring new employees!

**Tuesday, April 9<sup>th</sup> 10 AM - 2 PM**  
Solterra Community Room, Kennedy Park Neighborhood  
(58 Boyd Street)

**Thursday, April 11<sup>th</sup> 10 AM - 2 PM**  
Riverton Park Community Room,  
Riverton Park Neighborhood  
(2 Riverton Drive)



( DIY LAVA LAMPS W/ 4-H

### 4-H STEAM @ THE STUDY CENTER

3-4 PM EVERY OTHER WEDNESDAY

APRIL 3<sup>RD</sup>

MAY 1<sup>ST</sup>

MAY 15<sup>TH</sup>

### SAGAMORE VILLAGE FOOD PANTRY

21 POPHAM ST ( BEHIND STUDY CENTER)

9-10 AM EVERY TUESDAY!

- MEAT
- FRESH PRODUCE
- CANNED AND DRY GOODS

FREE AND OPEN TO EVERYONE



# FREE RESOURCES:

## BABYSITTING BASICS COURSE

PHA is sponsoring 10 youth ages 11 to 18 years old to complete the American Red Cross Babysitting Basics Online Course!

The 4-hour online course, which can be done alone or with friends at the Study Center, covers

- Basic care for infants and children
- Basic first aid
- Child behavior
- Age-appropriate activities
- Emergency protocols
- Professionalism
- Leadership
- Growing your business

## APRIL BREAK MEALS

### (SIGN UP BY APRIL 8<sup>TH</sup>)

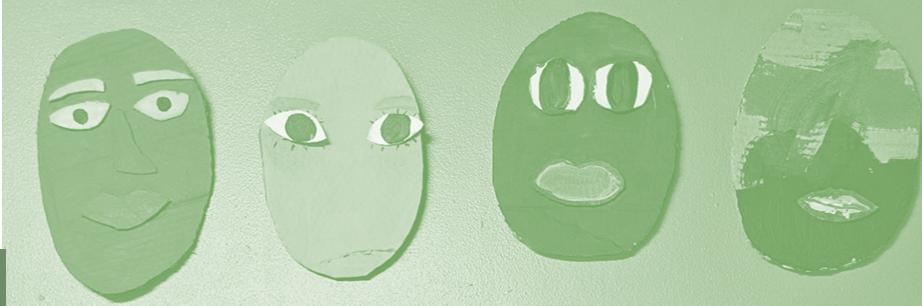
Includes chicken nuggets, baked mac & cheese, and more!

No pork, no gelatin, and no nuts! We can also accommodate other allergies.

Complete the form online or at the Study Center:



<https://tinyurl.com/PHALunch>



## FREE TICKETS TO THE SEADOGS MAY 5TH!

The United Way of Greater Portland's CA\$H Program is offering 35 households free tickets, including meals, to the May 5th Seadogs game! Tickets are provided on a first come, first served basis.

Contact Teyonda Hall, Director of Resident Services for more information at [thall@porthouse.org](mailto:thall@porthouse.org) or 207-221-8003.

## 3 SCHOLARSHIPS AVAILABLE FOR THE SUMMER CAMP

"The Summer Camp" is a Maine based expeditionary/outdoor weeklong sleep away camp for girls from low-income families or foster care. For more info: [www.thesummercamp.org](http://www.thesummercamp.org)

- July 2-July 11 session
- For girls 7-12 years old
- Girls 13-14 years old can apply for the 13-day hiking and canoeing program
- Deadline for registration is April 12th

The Summer Camp eligibility requirements:

- Be eligible for free or reduced lunch (same as the schools)
- Have healthy peer relations and minimal behavior issues
- Be willing to complete a health history and physical form
- Submit medical forms before arriving at camp
- Return completed application, new camper reference & Federal Food form by April 12

Please reach out to the Study Center if you'd like more information.

### Sagamore Village Study Center

21 Popham Street, left of manager's office

[SV.StudyCenter@porthouse.org](mailto:SV.StudyCenter@porthouse.org)

Call or text (207) 221-8075

### Adult Drop-in Hours:

Coming soon!

### Afterschool Drop-in Hours:

Monday – Friday 3 -6 pm

# Happening Now



## the summer camp

Summer of fun, tools for life.

The Summer Camp programs provide each camper with activities that:

- Provide a sense of belonging & connection
- Nurture self-esteem
- Increase physical activity
- Teach appropriate social skills
- Develop empathy for others
- Foster appreciation for nature
- Encourage creativity & imagination
- Promote diversity & friendship
- Inspire self-advancement
- Create confident leaders

## Summer Camp for Girls 7-12 years old July 2 - July 11

Sign up through the Study Center  
**Applications Due April 12th**

During the day, campers are in mixed-age groups to participate in scheduled camp activities. In small, supportive groups, campers sample new recreational activities, learn and improve skills, and stretch beyond their comfort zones. Some activities include:

- Canoeing, kayaking & pontoon Rides
- Swimming lessons
- Dance
- Landsports
- Food Fun Fitness
- Creative Arts
- Arts & Crafts
- Nature Exploration
- Hardy Girls Healthy Women (empowering girls)
- Literacy enrichment

## PHA STUDY CENTERS



After School hours for youth Monday through Friday  
Contact the Study Center for more information  
about their schedule

Homework  
College and Jobs  
Resume Building  
Scholarships  
Teen Leadership

### Kennedy Park

51 Mayo Street

(207) 221-8073

Amanda & Leo

### Riverton

61 Riverton Drive

(207) 221-8074

Bridget & Feza

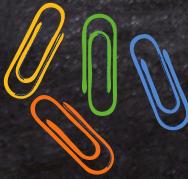
### Sagamore

21 Popham Street

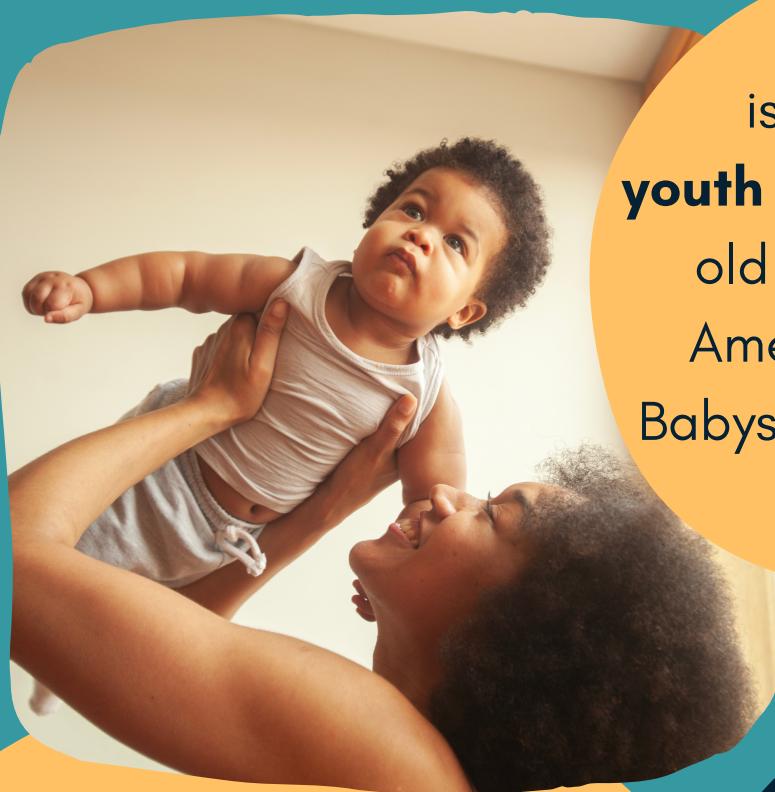
(207) 221-8075

Anna & Margarida

Parents, please make sure we have your  
updated contact information for 2024



# BABYSITTING BASICS COURSE



- **Basic Care for Infants and Children**
- **Basic First Aid**
- **Child Behavior**
- **Age-Appropriate Activities**
- **Emergency Protocols**
- **Growing Your Business**
- **Professionalism**
- **Leadership**

PHA  
is sponsoring 10  
**youth ages 11 to 16 years**  
old to complete the  
American Red Cross  
Babysitting Basics online  
course

Learn  
how to start your  
own babysitting business

4 hour online course  
that can be done alone  
or with friends at the  
Study Center.

Sign up  
with your  
Study Center:  
**Riverton Park (207) 221-8074**  
**Kennedy Park (207) 221-8073**  
**Sagamore Village(207) 221-8075**



# Coming Soon

## Summer Internships for Teens

14-18 years old in  
**Sagamore, Riverton, & Kennedy Park**

- Build your job skills and your resume
- Workshops, trainings, teamwork, college tours, resume development, mock job interviews
- About 15 hours per week
- Work permits required for 14-15 year old youth
- Youth leaders may be eligible for stipends after completing 100 hours with CHEETA
- Work as a team with your peers to plan the projects & events you want and need in your community
- The Study Center provide mentors to help you meet your goals and funding for your projects

## SEEDS & SEEDLINGS COMMUNITY GARDENS

RIVERTON PARK, SAGAMORE VILLAGE,  
WASHINGTON GARDENS/FRONT STREET,  
AND EAST BAYSIDE NEIGHBORHOODS

Call, Text, or email  
**Emily (207) 221-8063**  
**[efitch@porthouse.org](mailto:efitch@porthouse.org)**  
for updates and notifications  
on gardening news



# CA\$H GREATER PORTLAND FINANCIAL STABILITY FAIR

AT THE PORTLAND SEA DOGS



SUNDAY, MAY 5 | 11 AM

Join CA\$H Greater Portland for a day of baseball, food, fun, and financial education! Attend financial stability workshops and receive free tickets and food vouchers for the whole family.



FINANCIAL WORKSHOPS



KID-FRIENDLY ACTIVITIES



FREE GAME TICKETS



FREE FOOD VOUCHERS



SCAN TO GET TICKETS OR VISIT  
[UWSME.ORG/CASHBASEBALL](http://UWSME.ORG/CASHBASEBALL)

SIGN UP BY APRIL 5

THANK YOU TO OUR EVENT SPONSOR  
JPMORGAN CHASE & Co.

CA\$H GREATER PORTLAND IS AN INITIATIVE OF  
UNITED WAY OF SOUTHERN MAINE IN PARTNERSHIP  
WITH THE GREATER PORTLAND CA\$H COALITION.





Portland Housing  
Authority and  
Mayo Street Arts  
Invite you to  
attend the  
Connections Art  
Exhibit Opening

# Connections Art Exhibition

May 3, 2024 5pm to 7pm  
10 Mayo St, Portland, ME 04101



For questions, contact  
Teyonda Hall, Director of  
Resident Services  
[thall@porthouse.org](mailto:thall@porthouse.org)